

Questionnaire
for
PCOS
Screening

- Do you have irregular or delayed menstrual cycles? Y N
- Do you have excess hair growth on your upper lip, chin, neck, chest area, and/or abdomen? Y N
- Do you suffer from acne or discoloration of skin in certain area? Y N
- Are you are overweight or you have been facing difficulty in losing weight? Y N
- Do you have a family history of diabetes? Y N
- Have you been trying to conceive without success for six months or more? Y N

If answer is "yes" to any of these questions, you may be at a risk of having PCOS. Please discuss with our reproductive medicine specialist for further assessment.

For more information contact:

PHONE: ☎ 0731 6621357 📞 96444 44066

TIME: 10 am to 6 pm

ADDRESS:

CHL INDORE INFERTILITY CLINIC

CHL Hospitals, AB Road, Indore - 452 008

✉ contact@indoreinfertilityclinic.com 🌐 www.indoreinfertilityclinic.com



**PCOS
Screening
Package**



WHAT IS PCOS?

PCOS is a common hormone imbalance that affects around 1 out of 10 women. Girls as young as 11 years can get affected by PCOS. It is seen in 2.2% to 26% in reproductive age group women and is a frustrating experience for them and often complex for managing doctors. The observations by specialists like endocrinologists, gynaecologist and dermatologists show a significant rise in PCOS in Indian women. PCOS is more common in South Asian women including Indian women. India, being the diabetic capital of the world, has high incidences of PCOS & Metabolic syndrome.

Common Symptoms

- Irregular periods or none at all
- Infertility
- Pelvic pain
- Hirsutism (Extra hair on your face or other parts of your body)
- Acne
- Weight gain and/or trouble losing weight
- Dark patches on the back of the neck and other areas
- Baldness

| Name | Diagnostic Tools | Rates |
|---|--|------------|
| Polycystic Ovarian Syndrome (PCOS) Evaluation | <ul style="list-style-type: none"> ■ Questionnaire based assessment - BMI, Waist Hip Ration and Menstrual cycle evaluation ■ Blood Workup - CBC, RBS, TSH, HIV & HBsAg ■ 3D Ultrasound for deticion of Polycystic ovarian ■ Dietary Consultation ■ Physiotherapy Consultation ■ Consultation by Specialist | Rs 4,000/- |

